



Northampton Parks & Recreation Department

Pre-K Parent/Child Soccer Program

Boys and Girls – COED Teams



PROGRAM INFORMATION SHEET

Program Objective: The objective of the program is to aide parents who want to help their child to develop basic soccer skills, such as shooting, dribbling, passing, and agility that are needed to participate in organized soccer. The program is designed to teach parents and children the fundamentals of the sport while building the participants confidence.

Program Details: This is a Parent/Child program. Parents are a part of the program and are expected to participate with his/her child each week.

Days: Saturdays
Program Dates: September 8th – October 20th (7 sessions)
(rain make-up 10/28 if needed)
Location: Look Memorial Park

<u>Team Schedule:</u>	<u>Puffins</u>	9:00 am – 10am	(all sessions)	Field 5
	<u>Iguanas</u>	9:00am - 10am	(all sessions)	Field 6
	<u>Rhinos</u>	9:00am - 10am	(all sessions)	Field 7
	<u>Rams</u>	10:30am – 11:30am	(all sessions)	Field 5
	<u>Falcons</u>	10:30am – 11:30am	(all sessions)	Field 6
	<u>Wombats</u>	10:30am – 11:30am	(all sessions)	Field 7

Turn over for Field Map

Program Sessions: There will be seven consecutive, one hour sessions to the Pre-K soccer program. Each parent/child will meet at the same time and at the same field (see team schedule above) for all seven sessions. The Coach/Program Leader of your team will explain the agenda for that week at the beginning of the session. All sessions will include drills that involve dribbling, shooting, passing, running and agility. These drills intent are to develop or further develop coordination, space awareness and body control. Scrimmages will occur for a short period during to incorporate the drills that are learned after the first two sessions.

What to Wear/Bring:

- Comfortable Clothing
- Sneakers/Cleats
- Shin Guards (not required)
- Water Bottle (put your name on it)
- T-shirt (all child participants will receive a t-shirt)

Cancellation Information: The decision to cancel, due to inclement weather, will be made by 8:00 a.m. on Saturday mornings. Please call the Northampton Parks & Recreation's cancellation hotline, **587-1044**, or check our website at www.northamptonma.gov/recreation, and click on cancellations.

NORTHAMPTON PARKS & RECREATION DEPARTMENT
413-587-1040
email: recreation@northamptonma.gov
www.northamptonma.gov/recreation

**Northampton Parks & Recreation
Youth Soccer
Grades Pre-K, K, 1&2**

**Field Layout
Look Memorial Park**

Field 1-4 are 50" x 100"

Pre-K Fields 5 - 7 are 40" x 80"

Look Memorial Park Large Playing Field Area – *not to scale*

Pre-K FIELD 7

Pre-K FIELD 5

Pre-K FIELD 6

FIELD 3

FIELD 4

FIELD 1

FIELD 2

Site
Supervisor
Tent

TRAIN
PARKING
LOT

Look Park Grille